



TIME TRIAL RESULTS 30 October 2019

Name	Gender	Distance	Finishing Time
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8km			
Lauwrence Mohale	M	8km	32:53

4km			
Kyle Ras	M	4km	17:01
Leon Ncabe	M	4km	17:03
Abram Kohali	M	4km	17:08
Duncan Kruger	M	4km	17:32
Alexandra De Klerk	F	4km	17:51
Jaco Pretorius	M	4km	17:58
Ruan van Pletzen	M	4km	18:06
Pauli De Klerk	M	4km	21:40
Annalize van Pletzen	F	4km	24:32
Anna-Marie Ferreira	F	4km	24:43
Okkert Ras	M	4km	27:29
Kaylyn Vertenten	F	4km	27:39
Tamara Staines	F	4km	27:43

1,5km			
Linette Nienaber	F	1,5km	09:45
Alida van der Merwe	F	1,5km	10:28
Hardus Engelbrecht	M	1,5km	12:13
Liaan Ras	F	1,5km	14:47

Timing system:
Hand time / Stopwatch

Time Keeper:
Pierre Fourie

Timing by:
Parys Multisport